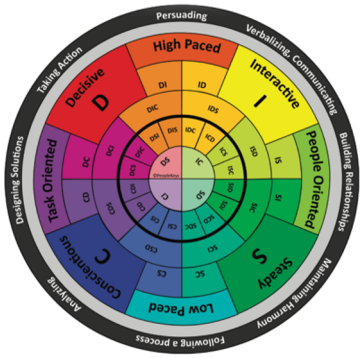
DISC® Profile Assessment

Although self-awareness has always been an intriguing enquiry from as far back as the Ancient Greek aphorism 'Know thyself', it has recently become the newest buzz word personal development and rightly so. As Tasha Eurich in her New York Times Bestseller, 'Insight', shares there is strong scientific research that self-aware people are happier, make smarter decisions, have better relationships and make more effective leaders.



DISC® measures dimensions of your personality.
It does not measure intelligence, aptitude, mental health, or values. DISC® profiles describe human behaviour in various situations—for example, how you respond to challenges, how you influence others, your preferred pace, and how you respond to rules and procedures. It measures tendencies and preferences, or patterns of behaviour, with no judgment regarding value or alignment with a skill set or job classification. DISC is a tool for dialogue, not diagnosis.

Working with schools we help to unlock the power of greater self-awareness, to learn our strengths and find our blind spots to help improve our communication and get the best from our teams through using DISC®

Colleagues can complete an online assessment and will receive an individual 17-page report outlining their behavioural preferences. Individual reports can be combined into a group report that demonstrates the strength of the team as a whole and areas where the team can improve in communication with others.

Each profile shares unique behavioural style, your tendencies, needs, preferred environment, and strategies for effective behaviour. The language of the narrative in your profile is supportive, personalised, and easily understood without the intervention of an assessment professional. However, our sessions can help you discover ways of applying what's in your profile.

Impact of using DISC®:

- Provides a common language to help teams understand one another and work better together
- Acts as a springboard for conversation and team building
- Improves employee and workplace communication
- Helps you to understand people who aren't like you... or are too much like you
- Reduces conflict and avoids misunderstandings

Cost, payment, and legal matters

Each DISC® Profile costs £50+VAT, the Group DISC® costs £100+VAT. Understanding DISC® Training costs £400+VAT for a 3-hour session.

THE thinking ACADEMY