Leadership Skills Training Day

Leading with Heart and Integrity: A Leadership Development Intensive

Duration: 1 Day (0900 AM – 1630 PM)

A One-Day Leadership Training Programme with a Focus on Team Development, Motivation & Prioritisation

Overview

Many leaders know *what* they need to do, such as having a difficult conversation, motivating a disengaged team member, or rebuilding trust, but they often lack the know-how. This course bridges that gap by developing the essential soft skills of emotional intelligence, empathy, communication, and conflict navigation, equipping leaders to act with confidence and compassion.

This course is designed for:
Deputy Headteachers, Assistant Heads, Heads of Year, Department Heads, Middle Leaders, SENDCos, and Business Managers.

Learning Objectives

By the end of the day, delegates will:

- Understand how communication influences team culture, motivation, and performance.
- Build skills to communicate with empathy, clarity, and emotional intelligence.
- Explore tools for managing feedback and conflict in a constructive way.
- Strengthen team development through trust-building and motivation strategies.
- Gain strategies to prioritise effectively and lead with greater focus and confidence.

Structure & Agenda

08.45 – 09:15 | Welcome, Introductions & Warm-Up
09:15 – 10:15 | Foundations of Effective Communication
10:15 – 11:00 | Empathy, EQ & Team Motivation
11:00 – 11:15 | Break
11:15 – 12:15 | Listening to Lead: Active Listening & Deep Curiosity
12:15 – 13.15 | Lunch Break
13:15 – 14:15 | Courageous Conversations for Team Development
14:15 – 15:00 | Prioritisation & Decision-Making in Communication
15:00 – 15:15 | Break
15:15 – 16:15 | Feedback, Conflict & Trust
16:15 – 16.45 | Integration & Action Planning

Benefits & Impact

Participants will:

- Build empathy and emotional intelligence to lead high-performing, motivated teams.
- Communicate clearly to reduce misunderstandings and increase alignment.
- Develop skills to manage difficult conversations and conflict effectively.
- Learn tools to prioritise and delegate clearly, avoiding team burnout and confusion.
- Build trust and psychological safety, the cornerstones of a successful team culture.

Cost: £150+VAT per delegate or £895+VAT to run the course for up to 15 delegates.